

# "I've always wanted to do that"

How many times have you said this to yourself whenever you have heard someone talk about how they served Jesus by helping the poor?

Now **YOU CAN do that** - go with us to serve the poor with the Missionaries of the Poor in Kingston, Jamaica this November.

**Learn more about the plans for this year's trip:  
SUNDAY, JUNE 12 at 12:30 (after 11:15 mass)  
in the IHM Social Hall (downstairs)  
A short meeting to discuss plans, answer questions and share light refreshments.**

## Details:

Leave Sunday morning October 30, 2011 (carpooling to BWI airport)  
Return Sunday evening November 6, 2011  
Work (and prayer\*) with the Missionaries in Kingston Monday-Thursday  
Retreat on Mt. Tabor with Fr. HoLung Friday-Sunday morning.

Your only costs are airfare to Kingston (around \$550) and a free-will donation to MOP (retreat). Simple food and lodging are included!

Missionaries of the Poor are totally dependent on donations of supplies and money. We will be collecting a wide variety of supplies *before* the trip, and take them with us.

If you have questions, please contact: Roy Wainwright 792-3408 , [gerimenu1@comcast.net](mailto:gerimenu1@comcast.net)  
Immaculate Heart of Mary Catholic Church, Abbottstown, PA



\*Christians of all denominations are welcome!

